





IN 74 COUNTRIES IN THE WORLD

343
MILLION
PEOPLE ARE
FACING ACUTE
HUNGER



OVERVIEW

This report examines the transformative impact of our Ramadan Food Aid and Zakat Al-Fitr/Cash Assistance programs, which provided critical support to vulnerable families across seven countries; Syria, Palestine, Yemen, Lebanon, Jordan, Iraq and Pakistan, during the holy month of Ramadan. By addressing hunger and ensuring nourishment, these programs made a tangible difference in the lives of individuals and households, and this report explores the depth of that impact.

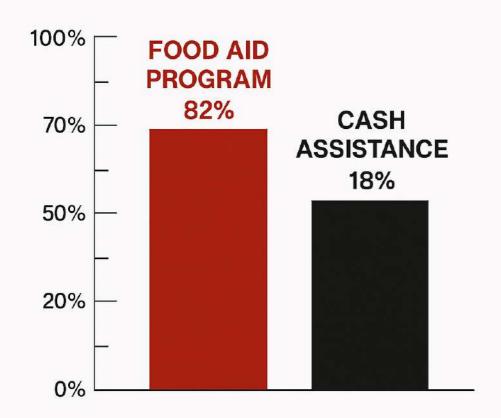
RAMADAN FOOD AID PROGRAM AND CASH ASSISTANCE

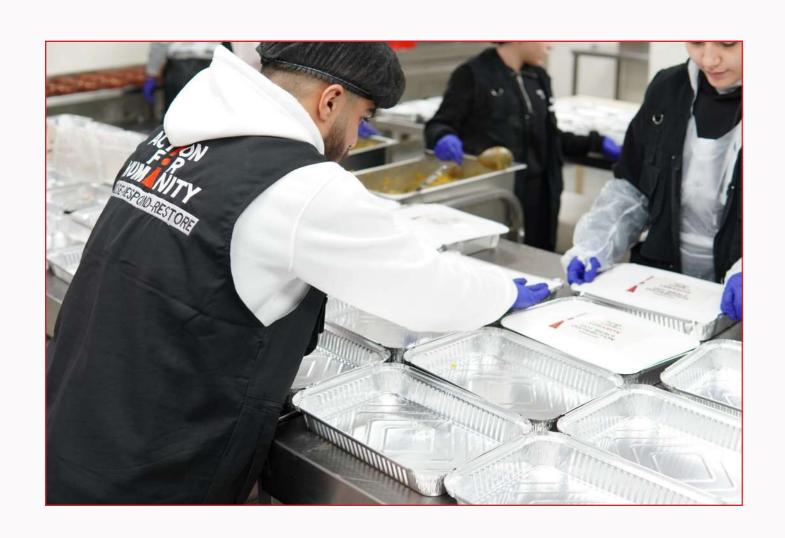
AFHC CONTRIBUTION TO THE GLOBAL OUTREACH

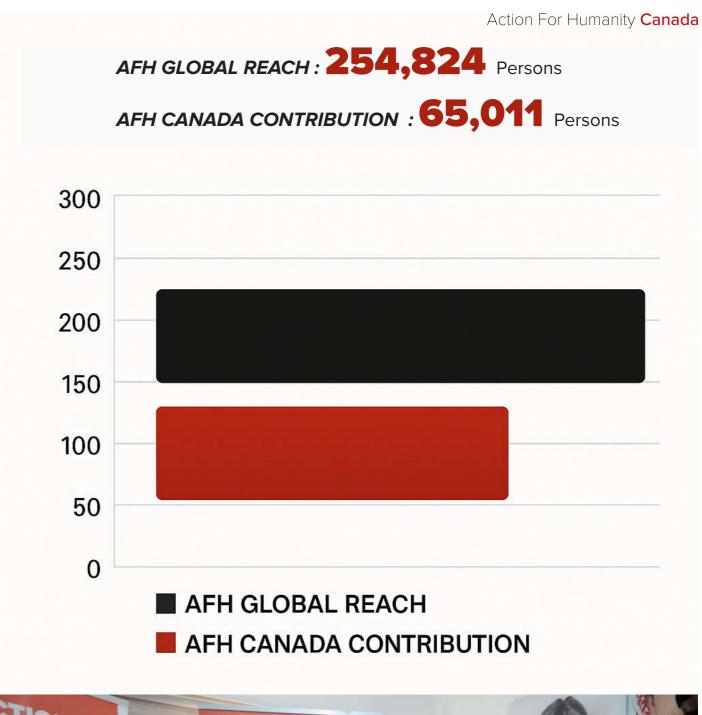
AFH Canada Ramadan Food Aid & Cash Assistance programs had a profound impact, directly benefiting 65,011 individuals across seven countries. The program's reach encompassed a diverse range of demographic groups, including adult females, adult males, girls, boys, and persons with disabilities (PwDs).





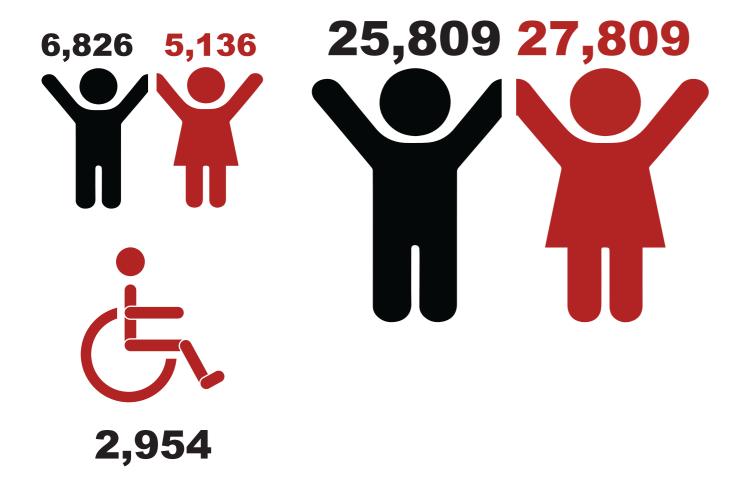








DEMOGRAPHICS AND IMPACT ON VULNERABLE GROUPS









COUNTRY-WISE DISTRIBUTION

The need for humanitarian assistance and support in the mentioned countries, particularly in the Middle East region, is driven by various factors, including:



- Ongoing conflicts and displacement: countries like Syria, Yemen, and Palestine are experiencing prolonged conflicts, resulting in significant displacement of populations, loss of livelihoods, and damage to infrastructure.
- Humanitarian crises: the ongoing crises in these countries have led to a rise in humanitarian needs, including access to necessities like food, water, shelter, healthcare, and education.
- Regional instability: the Middle East region is characterized by ongoing instability, w hich exacerbates humanitarian needs and c reates an environment where aid organizations like AFH can play a critical role in providing support.

COUNTRY-WISE DISTRIBUTION HUMANIT PAKISTAN

11,004



SYRIA





JORDAN



YEMEN



LEBANON



IRAQ

THE TOP THREE COUNTRIES WITH THE HIGHEST NUMBERS AR

- 1. PALESTINE: 25,698 (APPROXIMATELY 43% OF THE TOTAL)
- 2. YEMEN: 14,911 (APPROXIMATELY 25% OF THE TOTAL)
- 3. SYRIA: 11,004 (APPROXIMATELY 18% OF THE TOTAL)

THE RAMADAN AID PROGRAM WENT BEYOND JUST PROVIDING SUSTENANCE – IT BROUGHT SOLACE, DIGNITY, AND A SENSE OF COMMUNITY TO THOSE WHO NEEDED IT MOST.

A BLESSING IN THE BLOCKADE

In Gaza, where the iron grip of the blockade had squeezed the life out of families, Action for Humanity's Ramadan Food Aid program managed to slip through the cracks, bringing a lifeline o

For Mariam, a frail yet resilient mother, the arrival of the food pack was a miracle. A widow, living with five children, she had been struggling to make ends meet, but the pack's contents – rice, flour, oil, and more – promised a few precious weeks of sustenance. And Mariam, being the generous soul that she is, decided to share this blessing with two widows from the neighborhood, inviting them to join her for iftar.

As they sat together, breaking their fast with the food from the pack, Mariam's eyes shone with gratitude.

"In a time when it feels like all doors are closed, this food pack reminds us that there are still those who care, who see our struggles and are willing to help"

she said, her voice filled with emotion.

In that moment, the simple act of sharing a meal became a powerful statement of resilience, community, and hope in the face of overwhelming adversity.

f hope. Just before the blockade tightened its hold, AFH's trucks braved the obstacles, crossing the boundaries to deliver much-needed food packs to those struggling to survive.

RAMADAN REACH AND BENEFICIARIES IN PALESTINE

Hundreds of thousands of people in Gaza are again at risk of **SEVERE HUNGER AND MALNUTRITION** as food stocks dwindle and borders remain closed to aid. Meanwhile, the expansion of military activity is **SEVERELY DISRUPTING FOOD ASSISTANCE OPERATIONS AND PUTTING THE LIVES OF AID WORKERS AT RISK** every day.







PALESTINE

OVER 90 PERCENT

of the population faces acute levels of food insecurity

2 MILLION-PLUS

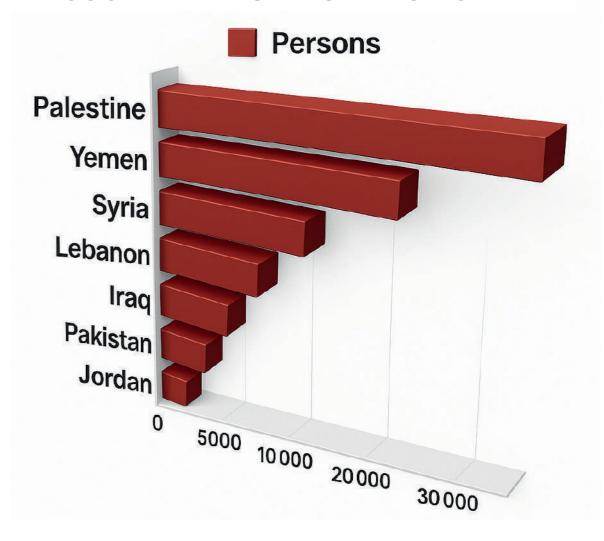
people are dependent on food assistance

US\$ 265 MILLION

needed for operations in Gaza and the West Bank from March to August 2025



COUNTRY-WISE DISTRIBUTION



PALESTINE 25,698

YEMEN 14,911

SYRIA 11,004 of the total

43%

of the total

25%

of the total

18%



A MEAL WITH MEANING

In Yemen, where the ongoing crisis has left countless families on the brink of despair, the Ramadan Food Aid Program shone a light of hope. We met Asmaa, a resilient single mother of four, who had been struggling to provide for her children amidst the chaos. The program's timely support was a godsend, enabling her to put food on the table and share precious moments with her family during the holy month. "Ramadan is a time for spiritual reflection and connection with loved ones," Amira said, her eyes welling up with gratitude.

But when you're worried about your children's next meal, it's hard to focus on anything else.
The Ramadan Food Aid Program lifted that burden, allowing us to fast, pray, and rejoice together as a family.



A WIDOW'S STRUGGLE

Safia Ib D.A, a widow, lives with her two children, in difficult circumstances. After her husband's sudden death on July 2024, Safia was left to care for her children alone, while four months pregnant. The family relies on assistance from a local Association and other charities, but their income is insufficient to cover basic needs, including healthcare and education. Her children require ongoing medical care for seizures, and Safia needs prenatal care. The family urgently needs financial support to meet their daily needs.

Safiya

Thank you for the support you have given us. It has helped me and my children through such a difficult time after losing my husband. The food assistance was a blessing during Ramadan, but we still struggle every day with medical needs and the uncertainty of the future. I hope that with continued help, we can find a way to get back on our feet.

ZAKAT AL-FITR/CASH ASSITANCE PROGRAM

The Al-Fitra program, supported by Action for Humanity Canada, extends support to Yemen, Syria, and Palestine, during Eid days. The program focuses on providing essential aid, such as food and financial assistance, fostering solidarity, compassion, and Sharia'a compliance.





A MOMENT OF RELIEF IN CRISIS

In Syria, where a severe humanitarian crisis has left many struggling, a program's timely assistance brought much-needed relief. A father of four shared his heartfelt thanks, saying, "The financial aid was a lifeline. It helped me provide for my family's basic needs during Ramadan, making a difficult time a little more bearable."

REBUILD

SYRIA: 9.1 MILLION people are food insecure

80 THOUSAND

people supported by AFH Canada in 2024

US\$ 335 MILLION

needed for emergency and recovery work in 2025



IMPACT OF AL-FITRA/CASH ASSISTANCE PROGRAM

COMMUNITY BUILDING: the program helps build a sense of community by fostering solidarity and compassion across multiple countries.

TIMELY AID: Aid distribution is completed on time, allowing families to have the support adhering to Sharia'a compliance.

DIVERSE BENEFICIARIES: The program benefits a wide range of individuals, including adult women, men, girls, boys, and people with disabilities (PwDs).

PERSEVERANCE IN DISPLACEMENT

DUHOK, IRAQ

In Duhok, Iraq, Ghazi MM, a displaced father of three, is navigating life under extreme hardship. Originally from Mosul, Ghazi was forced to flee with his family due to conflict. Today, they live in a modest rented home, struggling to meet their daily needs. Ghazi, formerly a blacksmith, became disabled after a workplace injury left him unable to walk properly. Adding to the family's challenges, one of his children suffers from severe epilepsy and requires constant care. During Ramadan, Action for Humanity provided Ghazi's family with vital support to help ease their burden. "I truly appreciate this support from Action for Humanity. It has helped me and my family a lot in these difficult times. Financial assistance remains a major need for us to survive" Ghazi shared. For displaced families like his, consistent support is essential to restore stability and maintain dignity through ongoing adversity.



A HEARTFELT STRUGGLE

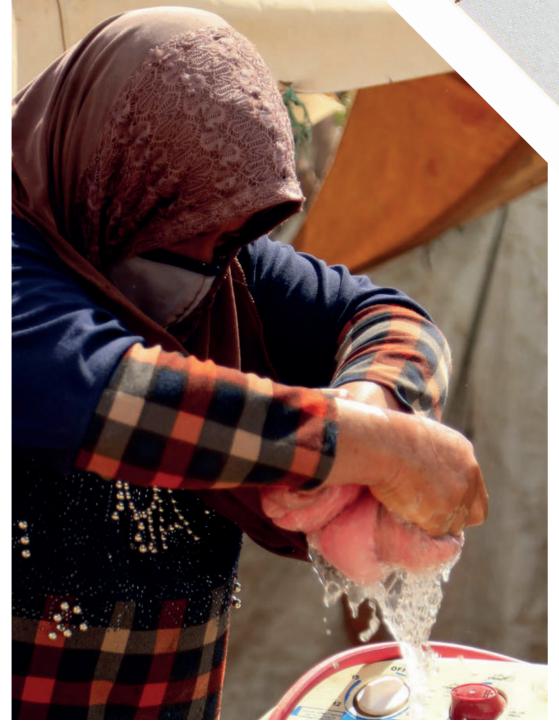
RAQQA, SYRIA

In the city of Raqqa, Syria, Ibrahim Suleiman Khalil, a 58-year-old caregiver, struggles to provide for his sister Hala, who has leukemia. With limited resources, Ibrahim was forced to reduce his work and spend his time caring for her, often facing the heartbreaking choice between food and her life-saving treatments. During Ramadan, their hardships intensified, but Ibrahim received a food basket from Action for Humanity, offering a brief moment of relief. "This will sustain us for a month" he said, overwhelmed with gratitude. Despite this, Ibrahim's greatest concern remains securing treatment for his sister, who continues to fight against cancer in silence.



EASING A MOTHER'S BURDEN

SOUTH LEBANON



In South Lebanon, Ghada G, a 36-year-old single mother, works hard to provide for her 14-year-old daughter, Raneem. Despite her job at a store, the income barely covers their basic needs, leaving her in debt and struggling with rent. Receiving a Ramadan food parcel from Action for Humanity helped ease her load during the holy month. "Jazakum A llah Khair, may Allah bless you all" Ghada said, expressing her gratitude.

2025

SUSTAIN IMPACT



FOOD PACKS 6191 packs



RAMADAN HOT MEALS 2647_{meals}



CASH ASSISTANCE 1923 cash

The various programs outlined in this report collectively supported a total of over

10,761 families across seven countries during Ramadan and beyond.

The ongoing humanitarian crises across these countries necessitate a sustained effort to ensure food security, financial assistance, and support for the most vulnerable populations. This report highlights the importance of targeted aid delivery and the critical role it plays in alleviating hunger and promoting community resilience.

GHADA

36-year-old single mother,

DEAR VALUED DONORS &CHARITABLE PARTNERS

Thank you for your generous support of our Ramadan Food Aid and Zakat Al-Fitr/Cash Assistance programs. Your contribution has made a tangible difference in the lives of over 65,011 individuals across seven countries, providing critical assistance to those affected by conflict and displacement.

We are grateful for your kindness and commitment to alleviating human suffering. Your support is a testament to the power of collective action and the difference we can make when we work together.

Sincerely, AFHC team



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