

**ACTION
FOR
HUMANITY**

1,000 DAYS OF RESILIENCE

OCT 2023 – JUN 2026



STANDING WITH GAZA THROUGH CRISIS

DEDICATION

This report is dedicated to Action For Humanity's Palestine Field Team.

For more than 1,000 days, our colleagues have worked at the forefront of one of the most challenging humanitarian crises in modern history.

They have delivered food amidst shortages, transported water when systems collapsed, established shelters for families forced from their homes, supported hospitals under immense strain, protected vulnerable children, and stood alongside communities through moments of profound uncertainty and loss.

Many of our team members have experienced the same hardships as the people they serve. Yet they have continued to show extraordinary courage, professionalism, and commitment to humanitarian action.

This report is a testament to their dedication and to the resilience of the communities they serve.

To our Palestine field team: thank you for showing up every day, even when the challenges seemed insurmountable.



FOREWORD

The escalation of hostilities in October 2023 triggered one of the most devastating humanitarian crises in recent history. Entire communities were displaced. Homes, schools, hospitals, and critical infrastructure were damaged or destroyed. Families lost loved ones, livelihoods, and access to basic services. What followed was not only a humanitarian emergency, but a prolonged struggle for survival.

Yet throughout this crisis, one thing remained constant: the resilience of Palestinian communities.

From Gaza City to Deir al Balah, from Khan Younis to Jerusalem and the West Bank, communities have demonstrated extraordinary strength in the face of unimaginable hardship. Families have continued supporting one another, local organisations have sustained frontline services, and humanitarian

workers have continued responding despite enormous challenges.

Action For Humanity has been privileged to stand alongside these communities throughout this journey.

Over the past 1,000 days, our teams have delivered emergency food assistance, clean water, shelter, healthcare support, cash assistance, rehabilitation services, orphan sponsorship, seasonal aid, and psychosocial support to hundreds of thousands of people affected by crisis.

This report reflects not only the scale of humanitarian need, but the collective determination of those who refused to give up hope.



YOUR IMPACT AT A GLANCE

TOTAL IMPACT (OCTOBER 2023 – JUNE 2026)		
Year	People reached	Households reached
2023 - 2024	306,867	61,373
2025	584,730	116,946
2026*	330,000	66,000
Total	1,221,627	244,319

*January - June 2026



A MILLION PEOPLE REACHED IN 1,000 DAYS



1,221,627
People reached



244,319+
Households supported



5
New Hope Camps established



12,500+
Displaced people sheltered



491,217
People supported through Water, sanitation and hygiene (WASH) interventions



93,008
People supported through healthcare programming



605,118
People reached through food assistance programming



THE HUMANITARIAN CONTEXT

Even before October 2023, Gaza faced a protracted humanitarian crisis driven by years of blockade, recurring hostilities, economic decline, and deteriorating public infrastructure. High rates of poverty, unemployment, and food insecurity left many households heavily dependent on humanitarian assistance and vulnerable to further shocks. [1]

The escalation of conflict in October 2023 dramatically intensified these challenges. Homes were destroyed, families were displaced repeatedly, healthcare facilities came under immense pressure, and access to food, clean water, fuel, electricity, and education became increasingly constrained. Humanitarian agencies consistently warned of worsening food insecurity, deteriorating public health conditions, and increasing protection concerns, particularly for children and vulnerable households. [2]

Against this backdrop, AFH delivered a coordinated humanitarian response focused on saving lives, protecting dignity, and supporting resilience.

[1] Bahour et al., 2025

[2] OCHA, 2025b; UNICEF, 2026a

**“OUR DAYS ARE SPENT SEARCHING
FOR FOOD, AND OUR NIGHTS ARE
FILLED WITH FEAR. WAR HAS TAKEN
EVERYTHING FROM US.”**

- AYA JALAL, GAZA



CHAPTER 1

2023 - 2024: RESPONDING TO CATASTROPHE

2023 marked the beginning of one of the most significant humanitarian responses in Action For Humanity’s history.

As families fled their homes and displacement surged across Gaza, humanitarian needs escalated rapidly. AFH mobilised emergency operations focused on food security, shelter, water access, and essential household support.



Emergency Food Assistance

AFH rapidly initiated food distributions to support families struggling to access basic nutrition.

Key Achievements:

- + Vegetable baskets distributed to 11,172 displaced individuals
- + 457,885 hot meals distributed.
- + 115,241 food parcels distributed to 23,048 Households

These interventions provided critical nutritional support during the earliest stages of the crisis.





New Hope Camps: Providing Safety Amid Displacement

Recognising the scale of displacement, AFH established five temporary shelter sites in Deir Al Balah and Khan Younis.

AFH’s Hope Camps provide safe, dignified spaces for Rightholders affected by conflict, displacement, and disaster. Designed to restore stability and hope, the camps offer shelter, food, clean water, healthcare, education, and psychosocial support.

AFH worked closely with local communities to ensure services are accessible, inclusive, and responsive to changing circumstances. Beyond emergency relief, Hope Camps promoted resilience through learning opportunities, child-friendly activities, livelihood support, and community engagement. They embody AFH’s commitment to compassion, recovery, and long-term human development for vulnerable populations across crisis affected regions.

Together, these camps provided shelter and integrated services for 12,500 displaced individuals.





Water, Sanitation and Hygiene

Access to safe water became a critical challenge throughout Gaza.

AFH responded by:

- + Installing 24 mobile toilets
- + Distributing 443,550 litres of water
- + Establishing solar-powered water systems
- + Providing bottled water to vulnerable families

These interventions helped reduce public health risks and improve access to basic services.



Non-Food Item Assistance

AFH’s Non-Food Item (NFI) assistance programme played a vital role in preserving the dignity, health, and wellbeing of crisis-affected families living in challenging conditions.

Through targeted distributions, AFH ensured that vulnerable households had access to essential items needed for daily life and protection from harsh environmental conditions. Support included clothing vouchers, enabling families to purchase garments suited to their specific needs, as well as hygiene kits to promote personal health and prevent the spread of disease. Families also received mattresses, blankets, and pillows, helping to improve living conditions and provide comfort in displacement settings. In areas with limited sanitation infrastructure, portable sanitation facilities were deployed to enhance hygiene and safeguard public health.

As a result of these efforts, AFH reached 306,867 right holders and supported 61,373 households, strengthening resilience, reducing vulnerability, and helping families maintain dignity while navigating the challenges of displacement, conflict, and humanitarian crisis.



THE CRISIS IN GAZA PROMPTED ONE OF THE **LARGEST** HUMANITARIAN RESPONSES IN OUR HISTORY



306,867

61,373

CHAPTER 2

2025: DELIVERING AT SCALE

2025 marked a significant expansion of AFH’s operations across Palestine.

Through integrated programming and strong local partnerships, AFH reached over half a million people during the year.

 Food Security and Livelihoods
348,279 People Reached

Key interventions included:

- + 290,697 hot meals for displaced individuals
- + 42,624 food parcels distributed
- + 4,548 Fresh vegetable basket initiatives
- + Bread distributions
- + 10,410 Qurbani distributions



 Water, Sanitation and Hygiene
174,513 People Reached

Water, Sanitation and Hygiene (WASH) interventions enabled 174,513 individuals to access safe water and improved hygiene services in crisis-affected communities.

Through emergency water trucking, AFH provided immediate relief to families facing critical water shortages, while solar-powered water systems delivered sustainable access to clean water in underserved areas. Water access projects strengthened local infrastructure, helping communities secure reliable and long-term water sources. To reduce health risks, AFH distributed hygiene kits containing essential items that promoted personal hygiene and safe practices. Complementing these efforts, disease prevention initiatives raised awareness of hygiene behaviours and helped mitigate the spread of waterborne illnesses.

Collectively, these interventions improved public health, enhanced community resilience, and ensured vulnerable populations could access the safe water and sanitation services necessary for a healthier and more dignified life.





Healthcare

Lifesaving support to 28,000 individuals directly and more than 100,000 individuals (indirectly) by strengthening the capacity of key healthcare facilities operating in some of the most challenging humanitarian contexts.

Assistance was delivered to Al Shifa Hospital, Al Aqsa Hospital, Nasser Hospital, public healthcare facilities, and mobile clinics, helping ensure the continued provision of critical medical services to vulnerable populations. AFH supplied essential medical supplies, emergency equipment, and patient beds, enabling healthcare providers to respond more effectively to rising medical needs. Recognising the challenges posed by disrupted infrastructure and power shortages, AFH also invested in renewable energy solutions to support uninterrupted healthcare delivery.

These interventions enhanced emergency response capacity, improved patient care, and strengthened access to quality healthcare services, helping communities receive timely and dignified treatment during times of crisis and instability.



Orphans and Child Welfare
4,338 Children Supported

Support included:

- + Cash assistance
- + Orphan sponsorship
- + Eid gifts
- + Clothing support
- + Child wellbeing programmes



IN 2025, WE **EXPANDED** OUR GROUND OPERATIONS, DELIVERING MORE FOOD, WATER, AND HEALTHCARE THAN EVER BEFORE



584,730

116,946

CHAPTER 3

2026: RECOVERY, RESILIENCE AND HOPE

JANUARY – JUNE 2026

Despite ongoing challenges, AFH continued supporting vulnerable communities through integrated humanitarian programming.

Ramadan Response

At a time when families are facing extreme hunger, limited access to clean water, and ongoing displacement, your support provided essential relief. Families were able to break their fast with warm meals, access clean water for daily use, and receive medical care where services remain limited. In the face of immense hardship, your support helped families get through each day with greater dignity.

Key achievements included:

- + 52,820 people receiving hot meals
- + 14,783 people receiving food baskets
- + 3,510 food vouchers distributed
- + 1,425 individuals receiving Zakat assistance



Water and Sanitation

AFH delivered:

- + 261,501 Right holders provided with clean drinking water
- + Hygiene kit distributions
- + Water trucking operations
- + Public health support

Children and Families

Support included:

- + Education sessions
- + Mental health and psychosocial support
- + Orphan assistance
- + Child wellbeing programming





Rehabilitation and Inclusion

AFH expanded healthcare services through:

- + Prosthetic limb support
- + Rehabilitation programmes
- + Disability inclusion activities
- + Specialist healthcare interventions



Eid and Qurbani

Programming included:

- + Qurbani distributions
- + Eid support for orphaned children
- + Community wellbeing activities



IN 2026, OUR RESPONSE **EVOLVED** TO FOCUS ON RECOVERY, MENTAL HEALTH, AND HELPING PALESTINIAN COMMUNITIES REBUILD THEIR LIVES.



JANUARY – JUNE



330,000

66,000

Across **1,000 days**, AFH's work has been about more than distributions and programmes. It has been about preserving dignity, restoring hope, and standing in solidarity with people facing extraordinary hardship.

“DESPITE EVERYTHING WE’VE BEEN THROUGH, WE HOLD ONTO HOPE THAT ONE DAY WE WILL RETURN HOME AND REBUILD OUR LIVES.”

- HIDAYA, JABALIA

LOOKING AHEAD

While much has been achieved, the humanitarian needs across Palestine remain immense.

AFH remains committed to:

- + Expanding food security interventions
- + Strengthening water and sanitation infrastructure
- + Increasing healthcare and rehabilitation support
- + Protecting vulnerable children
- + Supporting displaced families
- + Promoting community resilience and recovery

The journey towards recovery will take years, but AFH will continue to stand alongside Palestinian communities every step of the way.



CONCLUSION

Over the last 1,000 days, Action For Humanity has delivered life-saving humanitarian assistance to nearly one million people across Palestine.

From emergency food assistance and shelter support to healthcare, WASH programming, child welfare interventions, rehabilitation services, and seasonal campaigns, AFH has remained committed to ensuring vulnerable families receive the support they need.

Yet this report is not simply about humanitarian assistance.

It is about resilience.

It is about hope.

It is about grief.

It is about loss.

It is about the courage of communities who continue to endure, adapt, and rebuild.

And above all, it is about the people; our Palestine field team, local partners, volunteers, and community leaders; whose dedication has made this response possible.

1,000 days on, our commitment remains unchanged: to stand with the people of Palestine for as long as they need us.



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