

**ACTION
F•R
HUMANITY**



**RAMADAN
IMPACT REPORT**

2026

**NOURISHING FAMILIES THROUGH
THE HOLY MONTH**

This report presents the impact of Action for Humanity Canada's (AFHC) Ramadan Food Aid and Zakat Al-Fitr programs during Ramadan. Across seven countries; Palestine, Yemen, Syria, Lebanon, Jordan, Pakistan, and Sudan – AFHC delivered food parcels, hot Iftar meals, and Zakat Al-Fitr cash assistance to families navigating conflict, displacement, and poverty, helping them observe the holy month with dignity.

PROGRAM OVERVIEW

A SEASON OF GIVING WITHOUT BORDERS

During Ramadan, AFHC mobilized food aid and Zakat Al-Fitr cash assistance across seven countries through 13 projects. The programs reached thousands of families, including women-headed households, children, persons with disabilities, and displaced communities, ensuring that the holy month brought relief rather than added hardship.

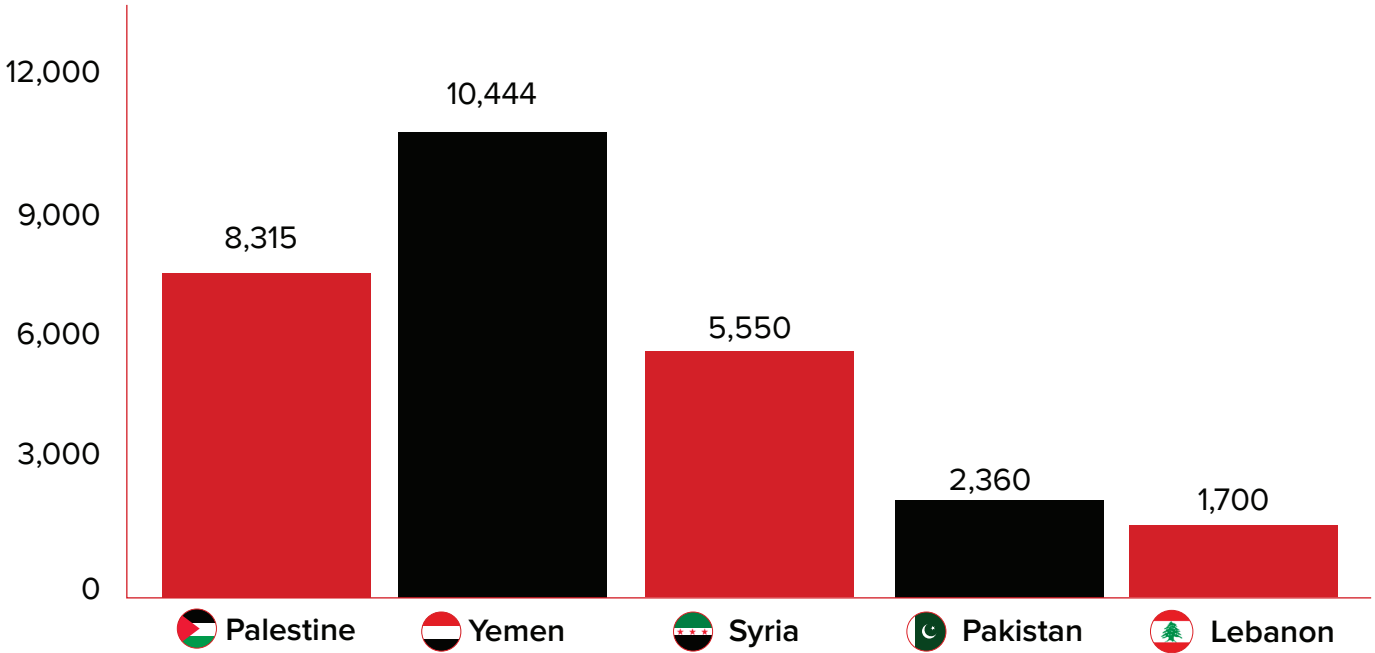


The Ramadan Food Aid program accounted for 82% of total distributions, delivering both family food packs and daily Iftar hot meals. The Zakat Al-Fitr Cash Assistance program reached an additional 883 households across Yemen, Syria, Palestine, and Pakistan, with distributions timed before Eid Al-Fitr prayers in full Sharia'a compliance.



COUNTRY-BY-COUNTRY DISTRIBUTION

Yemen was the largest recipient of AFHC's Ramadan aid, accounting for the greatest share of individuals supported. Palestine and Syria follow, reflecting the depth of humanitarian need in conflict-affected communities across the Middle East.



Who We Reached

REACHING THE MOST VULNERABLE

AFHC's programming is designed with equity in mind. Aid was distributed across all demographic groups, with targeted priority given to women-headed households, children, and persons with disabilities.



PROGRAMS

RAMADAN FOOD AID & ZAKAT AL-FITR

AFHC ran two flagship programs this Ramadan: the Ramadan Food Aid Program (food parcels and hot meals) and the Zakat Al-Fitr Cash Assistance program. Together they reached families across seven countries.

Ramadan Food Aid



Palestine (Gaza)
1,300 food parcels
7,800
individuals reached



Syria
1,000 food baskets
5,000
individuals reached



Yemen
699 parcels + 1,500 Iftar meals
5,943
individuals reached



Pakistan
1,160 parcels + 1,000 hot meals
2,160
individuals reached



Lebanon
1,189 Iftar meals
1,700
individuals reached



Jordan
200 food parcels
1,200
individuals reached



Sudan
105 food parcels
515
individuals reached

Zakat Al-Fitr



Yemen
643 households
4,501
individuals reached



Syria
110 households
550
individuals reached



Palestine (West Bank)
103 households
515
individuals reached



Pakistan
25 households
200
individuals reached



COUNTRY SPOTLIGHTS

WHERE YOUR DONATIONS MADE A DIFFERENCE



PALESTINE

COUNTRY SNAPSHOT

AFHC continued delivering humanitarian assistance to vulnerable communities in Palestine, with a strong focus on supporting displaced families in Gaza facing severe shortages of food and essential household items. Programs during Ramadan prioritised emergency food assistance to help families access essential food items and prepare meals with dignity during the holy month.

Alongside food assistance in Gaza, Zakat Al-Fitr voucher assistance was provided to vulnerable households in the West Bank, enabling families to mark Eid Al-Fitr with stability. Over 90% of Gaza's population faces acute levels of food insecurity, with more than two million people dependent on food assistance.

PALESTINE IMPACT AT A GLANCE



PROGRAM SPOTLIGHT

- **1,300 Ramadan food parcels** distributed to vulnerable households in Gaza, helping families meet essential food needs and observe the holy month with dignity.
- **Zakat al-Fitr (Fitrana) cash assistance provided to 105 vulnerable households (515 individuals)** in the West Bank, helping families access essential items and celebrate Eid al-Fitr.



HUMAN INTEREST STORY

In Gaza, where the blockade has pushed families to the edge of survival, AFHC's food parcels arrived as more than food, they carried dignity and solidarity. For Mariam, a widow raising five children in the midst of the crisis, the food pack provided weeks of sustenance and the ability to share her Iftar with two neighbouring families.

“In a time when it feels like all doors are closed, this food pack reminds us that there are still those who care, who see our struggles and are willing to help.”

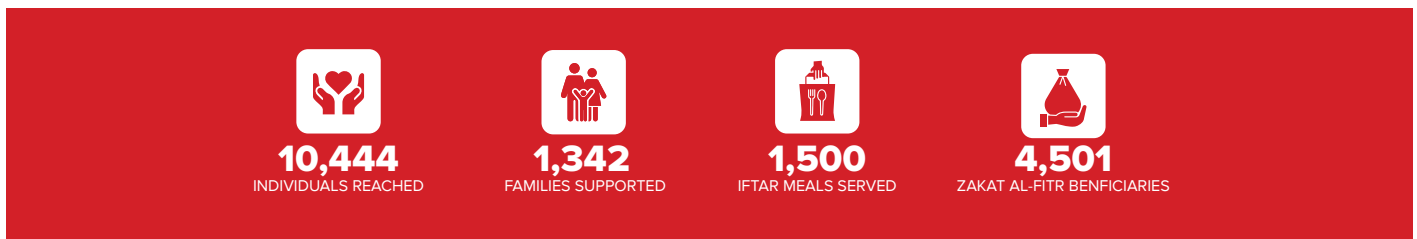
— Mariam, Gaza

YEMEN

COUNTRY SNAPSHOT

Yemen continues to face one of the world's most severe humanitarian crises, with prolonged conflict, economic collapse, and widespread displacement leaving millions of families unable to meet their basic needs. AFHC's Ramadan program, implemented in partnership with Humaniti Foundation, focused on delivering food parcels and daily Iftar meals to vulnerable households in Aden and Lahj, while Zakat Al-Fitr cash assistance and Eid gifts extended support through the Eid period.

YEMEN IMPACT AT A GLANCE



PROGRAM SPOTLIGHT

- **699 Ramadan food parcels** distributed to vulnerable households in Aden and Lahj, providing essential food items for the holy month.
- **1,500 daily Iftar hot meals** served throughout the 30 days of Ramadan, ensuring that vulnerable individuals and families could break their fast with a warm, nutritious meal.
- **Zakat al-Fitr cash assistance of \$65 per household distributed to 298 vulnerable families** (2,086 individuals) in Aden ahead of Eid al-Fitr, helping households meet essential needs.
- **Eid vouchers and gifts distributed to 345 children** in Aden and Lahj through the Humaniti Foundation partnership, ensuring children could celebrate Eid al-Fitr with joy and dignity.



HUMAN INTEREST STORY

In Yemen, where the ongoing crisis has left countless families on the brink of despair, the Ramadan Food Aid program shone a light of hope. For Asmaa, a resilient single mother of four who had been struggling to provide for her children amidst the chaos, the program's timely support was transformative, enabling her to put food on the table and share precious moments with her family during the holy month.

“Ramadan is a time for spiritual reflection and connection with loved ones. But when you're worried about your children's next meal, it's hard to focus on anything else. The Ramadan Food Aid program lifted that burden, allowing us to fast, pray, and rejoice together as a family.”

— Asmaa, Yemen



SYRIA

COUNTRY SNAPSHOT

With 9.1 million people food insecure across Syria, the need for targeted food assistance during Ramadan remained acute. AFHC distributed food baskets to vulnerable families across central and northern Syria, helping households access essential food items during the holy month. The Zakat Al-Fitr program provided an additional layer of support, reaching vulnerable families with cash assistance ahead of Eid al-Fitr.

SYRIA IMPACT AT A GLANCE



PROGRAM SPOTLIGHT

- **1,000 Ramadan food baskets** distributed to vulnerable households across Syria's central and northern regions, supporting approximately 5,000 individuals during Ramadan.
- **Zakat al-Fitr cash assistance distributed to 110 vulnerable families** (550 individuals) across Syria, enabling households to meet essential needs and observe Eid al-Fitr with dignity.



HUMAN INTEREST STORY

In Syria, where a severe humanitarian crisis has left many struggling, the program's timely assistance brought much-needed relief. In the city of Raqqa, Ibrahim Suleiman Khalil, a 58-year-old caregiver, had been forced to reduce his work to care for his sister Hala, who has leukemia. During Ramadan, their hardships intensified, but a food basket from AFHC offered a brief moment of relief.

“This will sustain us for a month. My family and I are extremely grateful for all those who think about us and contributed to getting my family this food.”

— Ibrahim Suleiman Khalil, Syria





LEBANON

COUNTRY SNAPSHOT

Amid escalating conflict and mass displacement, AFHC responded to urgent humanitarian needs in Lebanon through an Iftar meal program during Ramadan. Thousands of families displaced by conflict sought refuge in areas such as Saida, where access to food and basic services remained severely constrained. AFHC operated a community kitchen to provide daily hot meals and installed a water purification system to ensure hygienic food preparation throughout the month.

LEBANON IMPACT AT A GLANCE



1,700

INDIVIDUALS REACHED



340

FAMILIES SUPPORTED



1,189

IFTAR MEALS SERVED



782

CHILDREN SUPPORTED

PROGRAM SPOTLIGHT

- **1,189 hot Iftar meals** distributed to vulnerable and displaced families in South Lebanon throughout Ramadan.
- **Emergency food assistance delivered through a community kitchen model**, enabling rapid and consistent meal distribution to displacement-affected families.
- **Installation of a water purification system** to support safe and hygienic food preparation, strengthening the long-term operational capacity of the community kitchen.



HUMAN INTEREST STORY

In Saida, families fleeing violence in southern Lebanon arrived with limited belongings and few resources to meet their basic needs. For many, securing daily meals became an immediate challenge, especially during Ramadan. Through AFHC's community kitchen support, displaced families began receiving hot meals at Iftar, providing not only essential nutrition but also a sense of stability during a period of profound uncertainty.

“Jazakum Allah Khair – may Allah bless you all.”

— Ghada, South Lebanon





JORDAN

COUNTRY SNAPSHOT

AFHC provided seasonal food assistance in Jordan to support vulnerable communities observing Ramadan. Many low-income households, both Jordanian families and displaced Gazan populations, continue to face economic hardship and rising food prices. The program focused on delivering food parcels to households in Amman and to Gazan families in Jerash Camp, helping families meet their basic nutritional needs while reducing financial pressure during the holy month.

JORDAN IMPACT AT A GLANCE



PROGRAM SPOTLIGHT

- **200 Ramadan food parcels** delivered to vulnerable households, helping families meet essential food needs during the holy month.
- **Food assistance targeted low-income households and displaced Gazan families in Jerash Camp**, groups experiencing severe food insecurity and limited access to humanitarian support.

HUMAN INTEREST STORY

For Um Khaled, a mother of four from Gaza now living in Jerash Camp, Ramadan this year carried a familiar weight. Displaced far from home, with limited income and rising food prices making even basic staples difficult to afford, the prospect of observing the holy month with dignity felt uncertain.

Through AFHC’s Ramadan food parcel distribution, Um Khaled’s family received essential provisions that allowed them to prepare Iftar meals at home — a simple act that carried deep meaning for a family longing for normalcy.

“We are far from our home, but this Ramadan we did not feel forgotten. We broke our fast with food on the table and gratitude in our hearts.”

— Um Khaled, Jerash Camp, Jordan

PAKISTAN

COUNTRY SNAPSHOT

During Ramadan, AFHC supported vulnerable communities in Pakistan through food assistance and Zakat Al-Fitr distributions. Rising poverty, inflation, and limited livelihood opportunities continue to affect many households, leaving families struggling to secure sufficient food. Programs focused on distributing food packs and hot Iftar meals to vulnerable families in Islamabad, and on delivering Zakat Al-Fitr cash transfers to households in Rawalpindi and Muzaffarabad ahead of Eid.

PAKISTAN IMPACT AT A GLANCE



PROGRAM SPOTLIGHT

- **1,160 Ramadan food packs** delivered to vulnerable households, providing essential food items for the holy month.
- **1,000 hot Iftar meals** distributed throughout Ramadan, helping vulnerable community members access nutritious meals at the time of breaking their fast.
- **Zakat al-Fitr cash assistance distributed to 25 vulnerable households** (200 individuals) in Rawalpindi and Muzaffarabad through EasyPaisa mobile transfers, enabling families to celebrate Eid al-Fitr with dignity.



HUMAN INTEREST STORY

For Nadia, a widow and mother of three living in Islamabad, Ramadan is a month she approaches with both devotion and anxiety. With no steady income and inflation pushing the cost of basic food items beyond reach, providing Suhoor and Iftar meals for her children had become a daily source of stress.

This Ramadan, through AFHC’s food assistance program, Nadia received a food pack with essential staples that carried her family through the holy month.

“I worried every day about what my children would eat to break their fast. This support lifted that worry from my shoulders. We could focus on our prayers and be together as a family — that is what Ramadan is for.”





— Nadia, Islamabad, Pakistan



ZAKAT AL-FITR PROGRAM

CELEBRATING EID WITH DIGNITY

The Zakat Al-Fitr (Al-Fitra) program is designed to ensure that cash assistance reaches the most vulnerable households before Eid prayers, in full Sharia'a compliance. By delivering support at this critical moment, the program enables families to celebrate Eid Al-Fitr with dignity, fostering solidarity and community across Yemen, Syria, Palestine (West Bank), and Pakistan.

 643 HOUSEHOLDS YEMEN	 110 HOUSEHOLDS SYRIA	 103 HOUSEHOLDS PALESTINE	 25 HOUSEHOLDS PAKISTAN
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In Yemen, 298 households in Aden received \$65 per household in cash ahead of Eid al-Fitr, while 345 children received Eid vouchers and gifts through the Humaniti Foundation partnership. In Syria, 110 households received Zakat Al-Fitr cash assistance, and 103 vulnerable households in the West Bank of Palestine received food voucher support. In Pakistan, 25 households received cash transfers via EasyPaisa in Rawalpindi and Muzaffarabad.



THANK YOU

A MESSAGE TO OUR DONORS & PARTNERS

Your generosity during Ramadan 2026 reached over 30,000 individuals across seven countries, bringing food, dignity, and hope to families navigating some of the world's most severe humanitarian crises. This report is a testament to what we accomplish together. The ongoing needs across these regions demand sustained commitment, and your continued support makes all the difference.

The Ramadan programs documented in this report were made possible entirely through the generosity of AFHC's donors and the dedication of our partners. Your contributions reached families in some of the world's most challenging humanitarian contexts, delivering not only food, but dignity, community, and hope during the holiest month of the year.

The ongoing crises in Palestine, Yemen, Syria, Lebanon, Jordan, Pakistan, and Sudan remind us that sustained commitment is essential. Your support does not end when Ramadan does – it echoes in the lives of every family we reached together.

With gratitude,
The AFHC Team
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