

MONTHLY NEWSLETTER

**ACTION
FOR
HUMANITY**

MARCH 2026

DELIVERING THROUGH RAMADAN AND BEYOND

FROM THE ACTION FOR HUMANITY TEAM

March 2026 marked the peak of our Ramadan response, with Action For Humanity teams delivering essential assistance across Syria, Yemen, Palestine, Pakistan, Jordan, Sudan, and the UK. Through these efforts, over 490,000 individuals and over 90,000 households were supported, helping families observe Ramadan with dignity despite ongoing hardship and instability.

Alongside this large-scale response, Action For Humanity continued to deliver critical programmes across health, water, education, livelihoods, and protection. Even under the additional pressure of Ramadan activities, teams sustained progress on long-term humanitarian and development initiatives, ensuring communities continued to access essential services and support.

This edition highlights how our teams balanced immediate response with ongoing programmes, demonstrating resilience, adaptability, and a continued commitment to serving communities in need.



MARCH '26 HIGHLIGHTS IN NUMBERS

*This number includes Ramadan + other ongoing activities



499,121
INDIVIDUALS
REACHED



102,206
HOUSEHOLDS
SUPPORTED



MONTHLY HIGHLIGHTS MARCH 2026

COUNTRY SNAPSHOT

In March 2026, Action For Humanity Syria continued delivering essential support across health, WASH, education, and protection, helping vulnerable families meet daily needs amid ongoing crisis. Ramadan activities, including food assistance and cash support, were implemented nationwide, alongside specialised services for children with

Down syndrome. Despite rising fuel costs, supply shortages, and disruptions caused by heavy rainfall and flooding, programmes remained on track and continued reaching communities in need. In the coming month, efforts will focus on expanding health and nutrition services, progressing infrastructure rehabilitation, and strengthening livelihoods and community-based initiatives to support longer-term recovery.



IMPACT AT A GLANCE



92,794
INDIVIDUALS
REACHED



18,824
HOUSEHOLDS
SUPPORTED



46,957
CHILDREN
SUPPORTED

PROGRAMME SPOTLIGHT

- + 22,404 individuals received hot meals and food parcels, 3,300 individuals received cash Zakat grants, and 360 individuals supported with medical services, including essential diagnostic and surgical services, during the entire month of Ramadan
- + Over 14,000 people received healthcare, including maternal care, safe childbirth support, and life-saving surgeries
- + More than 2,000 children and mothers were screened and treated for malnutrition, helping identify and support those most at risk
- + 20 children with Down Syndrome were supported through specialised care, consultations, and inclusive community activities
- + 100 youth participated in vocational training to improve income and self-reliance
- + Multiple infrastructure rehabilitation continued to repair schools, health facilities, and community and training centers, improving access to basic services for thousands of people

- + Education support reached over thousands of children through learning materials distribution, school environment improvements, and financial support to help them stay in school
- + Protection activities supported vulnerable groups, including displaced families and children, through psychosocial support, life skills training, and awareness sessions



STORY OF THE MONTH

Abdullah, a 13-year-old child with Down syndrome, had been struggling with social isolation, limited communication skills, and occasional aggressive behavior, which affected both his interactions with other children and his confidence. When he joined the program, he required careful, structured support to help him feel safe, included, and understood.

To address his needs, the team designed a personalised psychosocial and educational intervention plan that combined gradual social integration, interactive education, and regular follow-up with the caregiver. Through this structured psychosocial support programme, he was gradually supported to engage in group activities within a safe and inclusive environment. With continuous support and positive reinforcement, Abdullah showed significant improvement in his social interactions, reduced aggressive behavior, and developed a stronger sense of belonging. Abdullah's transformation also highlights the impact of psychosocial support programmes for children with disabilities.

NOW I ENJOY COMING TO THE CENTER AND PLAYING WITH MY FRIENDS - SAID ABDULLAH



MONTHLY HIGHLIGHTS MARCH 2026

COUNTRY SNAPSHOT

In response to the ongoing humanitarian crisis across the Occupied Palestinian Territory, the team coordinated with its local partners and continued delivering life-saving assistance to displaced and vulnerable communities throughout March. Assistance focused on helping households meet urgent needs through food, cash, and essential

services, particularly during Ramadan, when economic pressures were highest. Despite ongoing access constraints and operational challenges, programmes were delivered as planned through strong local coordination and flexible approaches. In the coming month, support will continue through food and hygiene distributions, alongside specialised services such as prosthetic support, helping families maintain dignity while navigating ongoing hardship.



IMPACT AT A GLANCE



330,537
INDIVIDUALS
REACHED



90,368
HOUSEHOLDS
SUPPORTED

PROGRAMME SPOTLIGHT

- + 52,580 individuals supported with hot meals every day during Ramadan
- + 14,783 most vulnerable individuals supported with food baskets to ensure they could observe Ramadan with dignity
- + 3,510 food vouchers delivered to the households in needs during Ramadan in the West Bank and Jerusalem, enabling individuals to purchase essential items such as rice, flour, pulses, oil, sugar, and dairy products.
- + 1,425 individuals supported with the cash Zakat assistance during Ramadan, ensuring their access to stable goods locally
- + 1,923 m3 safe water was distributed in Gaza during Ramadan, reaching 261,501 individuals
- + 316 cash assistance provided to 316 orphaned families

- + 8 people with disabilities received rehabilitation intervention, including the provision and fitting of prosthetic limbs, to improve their mobility and quality of life



STORY OF THE MONTH

Mrs. Doaa Fayez Hussein Awaja, a 27-year-old mother of three, is currently living with her family in Adam Camp after their home was completely destroyed during the recent escalation. Since losing everything, the family of five has been struggling to cope with displacement and the harsh living conditions.

This month, they received a food parcel through the Emergency Distribution of Food Assistance for Affected Families in the Gaza Strip project. The parcel included essential items such as sugar, tomato paste, cheese, jam, and other basic food supplies. Although it was their first time receiving support from this project, the assistance came at a critical moment. It enabled the family to prepare proper meals and eased the daily burden of trying to secure food.

During the visit, Doaa appeared deeply emotional yet grateful. Her greatest concern remains the safety and future of her children.

WHEN I RECEIVED THE PARCEL, I FELT THAT WE ARE NOT FORGOTTEN - SHE SHARED. WE LOST OUR HOME, BUT WE STILL HOLD ON TO OUR DIGNITY.

She expressed sincere thanks to the donors and called for continued support for displaced families facing ongoing hardship.



MONTHLY HIGHLIGHTS MARCH 2026

COUNTRY SNAPSHOT

This month, Action For Humanity Yemen focused on supporting vulnerable and conflict-affected families during Ramadan, ensuring they could meet basic needs with dignity despite ongoing economic hardship. Food parcels, hot meals, and cash assistance helped reduce immediate pressure on households, while targeted support reached vulnerable groups, including orphans,

children with disabilities, and women with critical health conditions. Despite a challenging operating environment marked by insecurity, rising costs, and supply disruptions, programmes continued to reach those most in need. Efforts will continue to focus on sustaining essential services while expanding support across health, education, and livelihoods, alongside ongoing engagement to secure resources for communities facing prolonged crisis.



IMPACT AT A GLANCE



31,431
INDIVIDUALS
REACHED



16,326
HOUSEHOLDS
SUPPORTED

PROGRAMME SPOTLIGHT

- + 15,656 individuals received Iftar hot meals and 10,017 individuals supported with food baskets during Ramadan, reducing the risk of food insecurity among low-income households, internally displaced people, and those with disabilities
- + 298 individuals received hygiene kits in Ramadan to prevent outbreaks of diseases and maintain self-care
- + 184 winter kits were distributed to 1,288 individuals to protect them from harsh cold weather
- + 4,116 elderly, people with disabilities, and internally displaced people received multipurpose cash assistance during Ramadan, including Zakat and Fitrana cash
- + 2 solar water wells were rehabilitated during Ramadan to provide clean water for 7,371 individuals
- + 886 children and 245 people received orphan sponsorship and family sponsorship assistance for two quarters, strengthening household stability
- + 24 breast cancer patients supported with a one-time medical grant of 650 USD, covering the cost of surgery, medications, and therapy sessions
- + 14 children provided with hearing assistive devices to enhance their communication abilities
- + Ensured children access to a functional health facility by supporting the operational costs of the cerebral palsy unit of the disability center that provides healthcare and physiotherapy services



STORY OF THE MONTH

In one of the neighbourhoods of Dar Saad in Aden, Hassan a seven-year-old boy, lives with his mother, Sahar and his siblings after the loss of their father. Since then, the family has faced significant financial challenges. Hassan is often vulnerable to illness due to a weak immune system, which makes the daily struggle to meet his basic needs even more pressing. Despite her efforts, Sahar found it increasingly difficult to provide for her children on a limited income. The worry about Hassan's well-being weighed heavily on her.

One day, Sahar learned about the Orphan Care Program, and she decided to register in the hope of receiving support that could help ease the burdens she carried alone. After completing the registration process, Hassan began receiving regular monthly support, which quickly began to improve the family's living conditions. Sahar shares:

AFTER MY SON HASSAN RECEIVED THIS SUPPORT, OUR LIVING CONDITIONS IMPROVED NOTICEABLY. I WAS ABLE TO ENROLL HIM IN A PRIVATE SCHOOL AND BETTER PROVIDE FOR HIS BASIC NEEDS.

The impact of the program went far beyond material assistance; it brought the family a renewed sense of hope and stability. The once overwhelming challenges now felt more manageable, and the family could look toward the future with optimism. Sahar expressed her deep gratitude to the organisation and its supporters, emphasising that this program has made a meaningful and lasting difference in the life of her son and their family.



MONTHLY HIGHLIGHTS MARCH 2026

COUNTRY SNAPSHOT

In Pakistan, Action For Humanity continued supporting vulnerable communities across South Punjab and Sindh through food, WASH, and livelihoods programmes. Ramadan activities were completed during the month, with families receiving Iftar meals, mobility aids, and Eid gifts, helping them take part in the celebrations with dignity. Farmers also continued to build their skills through practical

livestock training, improving productivity and income over time. The Paediatric Eye Care Diagnostic Centre remains operational, delivering specialised eye care services to both referred and walk-in patients at the Children's Hospital, ensuring continuity of healthcare for vulnerable populations. Efforts will now focus on strengthening livelihoods and water access, continuing eye care services in Sindh, and launching a new pilot to support children with Down Syndrome.



IMPACT AT A GLANCE



18,189
INDIVIDUALS
REACHED



12,969
HOUSEHOLDS
SUPPORTED



5,026
RECEIVED EYE
SCREENING
SERVICES

PROGRAMME SPOTLIGHT

- + 772 children received Eid gifts across South Punjab, allowing them to celebrate the festival with dignity
- + 2,240 people with disabilities received mobility aids during Ramadan to improve their quality of life
- + 5,535 individuals provided with Iftar hot meals
- + 1,750 individuals were supported with 250 food baskets to meet their daily nutrition needs in Ramadan
- + 5,600 individuals continued participating in the practical livestock training project to learn the productive and sustainable livelihood skills
- + 2 solar water wells installed to provide safe and stable water to 490 individuals
- + 5,026 students and teachers received eye screening services in government schools



STORY OF THE MONTH

Mariam, an orphan child living with her aunt in a small village in Jalalpur, has grown up in difficult circumstances after losing her father to a tragic accident and being separated from her mother after she remarried. Her aunt, a widow, has been her sole caregiver, doing her best to provide for her despite limited means.

This Eid, Mariam's joy was unmistakable as she received a gift through the Ramadan campaign.

I'M VERY EXCITED TO DRESS UP FOR EID. THE CLOTHES AND BANGLES ARE VERY PRETTY - SHE SHARED WITH A SMILE. I WAS SO HAPPY TO SEE THE DOLL. I WILL PLAY WITH IT ALL THE TIME - SHE SAID

Carefully curated for young girls, the gift included clothes, bangles, henna, and a doll set, something Mariam had long wished for. This was more than a gift; it was a moment of belonging. Through this initiative, Action For Humanity ensures that children like Mariam are not left out of the joy of Eid, allowing them to celebrate with dignity and feel included in the festive spirit.



MONTHLY HIGHLIGHTS MARCH 2026

COUNTRY SNAPSHOT

Action For Humanity Jordan focused on supporting vulnerable communities during this month in Ramadan, reaching local families, Palestinian refugees, Sudanese households, and other at-risk groups through food parcels, cash assistance, and seasonal support. Activities helped families manage rising living costs and take part in Ramadan and Eid with dignity, while ongoing livelihood programmes

continued to support participants in building income opportunities and strengthening community networks. Despite regional tensions and economic pressure affecting both operations and households, support was delivered as planned. Efforts will now focus on continuing livelihoods initiatives, including new livelihood programme development, while completing ongoing support for vulnerable families and maintaining assistance where needs remain high.



IMPACT AT A GLANCE



5,420
INDIVIDUALS
REACHED



713
HOUSEHOLDS
SUPPORTED



350
WOMEN
SUPPORTED

PROGRAMME SPOTLIGHT

- + 2,390 individuals, including Syrian, Palestinian, and Sudanese refugees, located across Mafraq and Ajloun, received food parcels and hot meals during Ramadan
- + 150 families and orphans were supported through the Humanity Cup project, combining football matches, Iftar meals, and cash assistance
- + 3,030 vulnerable individuals received Zakat and Fitrana cash support, helping them meet essential needs during the festive period
- + Livelihoods support continued through the LIFE project, with graduates leading peer-to-peer training sessions under the newly launched “Graduates Club”



STORY OF THE MONTH

Marwa, a woman living with pulmonary fibrosis, yet her illness never stopped her from participating in the Action For Humanity LIFE trainings, an intensive vocational and skills-based training programmes. Day and night, she carries her oxygen cylinder so she can breathe — and keeps moving forward.

Before joining the training, Marwa was confined to her room, constantly attached to medical care, rarely stepping outside. Today, we see a different Marwa; A woman who carries her illness beside her, not behind her. She challenges it, invests in herself, and steps outside her door with determination — proving to us and to the world that illness can be confronted, not surrendered to. Marwa’s journey is a powerful reminder that strength is born from pain, and that resilience can redefine what is possible.



MONTHLY HIGHLIGHTS MARCH 2026

COUNTRY SNAPSHOT

The devastating conflict in Sudan continues to disrupt food systems, livelihoods, and access to basic services, leaving millions at risk of severe food insecurity and malnutrition. With healthcare services overstretched and sanitation conditions deteriorating, vulnerable families, particularly children, face a dangerous combination of hunger and disease.

In response, Action For Humanity, in partnership with the Sudanese Development Call Organisation (NIDAA), supported hospital and communal kitchens to ensure vulnerable children and households have

consistent access to nutritious meals. In March, 2 hospital kitchens were supported to provide meals for 720 vulnerable children, while 5 communal kitchens delivered daily meals to individuals from at-risk households.

Despite the volatile security situation and rising commodity prices, the team continued operations through close coordination to minimise disruption. In the coming period, food assistance will continue to prioritise the most vulnerable households, helping to mitigate worsening food insecurity and reduce the risk of further deterioration in health and nutrition outcomes.



IMPACT AT A GLANCE



3,900
INDIVIDUALS
REACHED



780
HOUSEHOLDS
SUPPORTED

**UNITED KINGDOM**

MONTHLY HIGHLIGHTS MARCH 2026

During Ramadan, Action For Humanity provided culturally appropriate hot Iftar meals and Suhoor food packs to asylum seekers and refugees living in temporary accommodation in the UK, helping ease immediate food insecurity during the holy month. In March, approximately 3,000 individuals were supported through these distributions. The programme aims to deliver Iftar meals on 10 occasions throughout Ramadan, alongside 1,200 Suhoor packs to ensure families can observe the month with dignity and stability. We are grateful to all supporters who make this work possible.



4,200
INDIVIDUALS
REACHED

UPCOMING

As we move beyond Ramadan, our focus remains on sustaining support for vulnerable communities while building on the momentum of recent response efforts. Across all countries, teams will continue delivering essential services while advancing new and ongoing initiatives to address evolving needs on the ground.

In our April update, we will share further insights into programme progress, emerging priorities, and new approaches being explored by country teams, as we continue adapting to complex and changing environments.

The success of our Ramadan response would not have been possible without the dedication of our teams and the continued trust and support of our partners and donors. Thank you for standing with us and being part of this work.





**ACTION
FOR
HUMANITY**
MOBILISE. RESPOND. RESTORE.
Gaza, Palestine

ACTION FOR HUMANITY

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