

MONTHLY NEWSLETTER



FEBRUARY 2026

DELIVERING HOPE WITH DIGNITY THIS RAMADAN

FROM THE ACTION FOR HUMANITY TEAM

February 2026 marked the beginning of Ramadan preparations across our programmes, alongside the continued delivery of multi-sector support in some of the world's most complex contexts. Our teams sustained ongoing activities while scaling up food, cash, and community-based assistance to help vulnerable families observe Ramadan with dignity.

Across Syria, Yemen, Palestine, Pakistan, Jordan, Sudan, and the UK, Ramadan distributions commenced to ease the burden of rising costs and prolonged instability. In Sudan, where conflict continues to disrupt food systems and basic services, our partnership with local actors ensured consistent access to meals for vulnerable children and households amid escalating food insecurity. This update reflects the collective commitment of our teams and partners, and the continued trust of our supporters who make this work possible.



FEBRUARY '26 HIGHLIGHTS IN NUMBERS



226,643
INDIVIDUALS
REACHED



41,943
HOUSEHOLDS
SUPPORTED



MONTHLY HIGHLIGHTS FEBRUARY 2026

COUNTRY SNAPSHOT

In February 2026, Action For Humanity Syria continued delivering support across multiple sectors, with significant progress made on infrastructure works, including the completion of water stations and the ongoing rehabilitation of schools and health facilities to support people returning home. Emergency assistance reached displaced and flood-affected communities despite rising costs

and severe weather conditions, while livelihood and protection activities remained active. During Ramadan, food parcels, hot meals, and Zakat cash assistance were distributed to vulnerable families. In the coming month, vocational training, community-led recovery initiatives, and Ramadan activities, including hearing aid distribution and medical and psychosocial services for people with disabilities, will continue to ensure sustained support for the most underserved households.



IMPACT AT A GLANCE



79,161
INDIVIDUALS
REACHED



13,193
HOUSEHOLDS
SUPPORTED



16,809
CHILDREN
SUPPORTED

PROGRAMME SPOTLIGHT

- + 750 Ramadan food parcels and baskets distributed to 3761 individuals
- + 840 hot meals, 435 ready-to-eat food kits, and 492 cash grants provided to 1,095 displaced families (6570 Individuals)
- + 250 solar-powered streetlights and 3 water stations rehabilitated, benefiting over 50,000 individuals
- + Over 12,400 medical consultations, 4,400 malnutrition case screenings, 1,500 safe childbirth services, and 210 surgeries delivered to patients in supported health facilities
- + Supported 173 schools with rehabilitation and personnel training to provide continued education services reaching 72,500 children
- + 120 child protection and gender-based violence case management services delivered, with structured psychosocial support sessions for caregivers and children
- + 100 farmers supported through agricultural extension services and veterinary care for livestock, and 100 young people received vocational training to improve their livelihoods



STORY OF THE MONTH

Sara, a five-year-old girl from Deir ez-Zor, received medical support at Hajin Hospital, including adenoid removal surgery and corrective outer ear surgery (otoplasty) following assessment by the specialised medical team. The intervention aimed not only to address her medical condition but also to prevent the psychological impact caused by comments from other children about the shape of her ear.

Her parents shared,

WE WANTED HER TO GROW UP CONFIDENT AND HAPPY, WITHOUT FEELING DIFFERENT OR EMBARRASSED.

Following the successful procedure, Sara recovered well and returned to the hospital with a small bouquet to thank the medical team. Her family expressed their gratitude to Action For Humanity for its continuous support of Hajin Hospital, enabling children like Sara to access essential surgical care.



MONTHLY HIGHLIGHTS FEBRUARY 2026

COUNTRY SNAPSHOT

Operations in Palestine during February were conducted within an extremely challenging and fluid context marked by restricted humanitarian access, unstable market conditions, and harsh weather conditions. Through adaptive implementation approaches and close coordination with local partners, our team continued delivering life-saving

support to respond to urgent needs. As Ramadan begins, the response scaled up with expanded distributions of food, drinking water, cash assistance, and hygiene supplies, alongside support for orphans, prosthetic services for those in need, and strengthened mental health and psychosocial care. These efforts aim to ease immediate hardship while helping families cope with continued instability and limited access to essential services.



IMPACT AT A GLANCE



135,506
INDIVIDUALS
REACHED



22,586
HOUSEHOLDS
SUPPORTED

PROGRAMME SPOTLIGHT

- + 1,074 food parcels and 18,398 hot meals distributed (24,842)
- + 660 m3 of safe water delivered to 110,278 individuals in Gaza City
- + 4 orphaned families supported with cash assistance
- + 382 children provided with informal education sessions



STORY OF THE MONTH

Hanan Saleh Helles, 56, a mother of three originally from Al-Shuja'iya in Gaza City, is now living in Anas Bin Malik Displacement Camp in southern Al-Rimal after being forced to flee her home. Displacement has turned her daily life into a constant struggle to secure the most basic necessities for her family.

This month, Hanan and her family received four hot meals per day for seven consecutive days through Action for Humanity Palestine. In a time when access to food is scarce and prices continue to rise beyond reach, this support brought not only nourishment but also a sense of relief and dignity.

IT HAS BEEN A VERY LONG TIME SINCE WE HAVE EATEN WHITE OR RED MEAT - SHE SAID QUIETLY. WE ARE TRULY GRATEFUL FOR THIS SUPPORT. IT REMINDED US WHAT A PROPER MEAL FEELS LIKE.

Despite this assistance, Hanan explained that many needs remain unmet. She spoke of her hope for fresh vegetable parcels, basic kitchen utensils, mattresses, and women's clothing—simple items that have become luxuries in displacement. Her story reflects the ongoing hardships faced by many displaced families who continue to struggle to rebuild a sense of normalcy amid crises.



MONTHLY HIGHLIGHTS FEBRUARY 2026

COUNTRY SNAPSHOT

Action For Humanity Yemen delivered integrated support across southern Yemen. As Ramadan began, support focused on helping conflict-affected households meet basic needs with dignity through cash assistance, food parcels and hot meals distribution, while also ensuring children, orphans, and persons with disabilities were not left behind. Beyond immediate relief, efforts continued to

strengthen access to education, healthcare, and livelihoods, supporting families to regain stability in the face of prolonged crisis. Despite access and security challenges, programmes remained responsive and community-focused. The team will continue Ramadan assistance and target support for children and vulnerable households, in conjunction with sustained efforts to protect essential services and help communities build resilience during an increasingly uncertain period.



IMPACT AT A GLANCE



5,876
INDIVIDUALS
REACHED



980
HOUSEHOLDS
SUPPORTED



652
ORPHANS
SPONSORED

PROGRAMME SPOTLIGHT

- + 262 food parcels and 830 Iftar hot meals distributed to 3,115 individuals in vulnerable families
- + 128 hygiene kits provided to flood-affected households to improve health and sanitation conditions
- + 889 conflict-affected individuals received multipurpose cash assistance
- + 100 winter kits distributed to vulnerable families to reduce weather-related health risks
- + 652 orphans received sponsorship assistance and 9 children received hearing aids
- + Constructed 4 new classrooms and 2 gender-sensitive WASH facilities, enabling 615 students to access education in an improved school environment
- + 300 fishermen provided with essential fishing tools to improve daily catch and income sources
- + 12 tractors distributed to 48 farmers to facilitate productivity and sustainable livelihoods
- + Conducted a two-day training workshop for 20 nutrition staff to strengthen their high-risk malnutrition case management skills and data collection skills



STORY OF THE MONTH

For Jameel, a 35-year-old man displaced from Al-Hodeidah, survival has always been a daily struggle. Kidney failure stole his mobility when he was still young, and displacement pushed him into a tent in Al-Ribat Camp, where he lives with no income and depends on the small wages his wife earns each day. For years, the cost of dialysis supplies determined whether he lived another week or slipped deeper into danger.

Before Action for Humanity's support, Jameel often had to skip dialysis sessions because he couldn't afford the medical supplies required for each treatment. Even when he managed to gather the money, supplies were frequently unavailable, forcing him to wait, weaken, and hope. "Every missed session felt like time was running out," he recalled.

Today, his life has changed. Through AFH's support to the dialysis centre in Al Sadaqa Hospital, Aden—supplying essential supplies and medicines, supporting operation costs and ensuring services are free—Jameel now receives uninterrupted, life-saving care. The fear of missing treatment or burdening his family has eased, replaced with dignity and relief.

I SINCERELY THANK THE ORGANISATION AND THE DONORS - JAMEEL SAID SOFTLY. BECAUSE OF YOU, I CAN RECEIVE MY TREATMENT REGULARLY WITHOUT WORRYING ABOUT THE COST. YOU BROUGHT HOPE BACK INTO MY LIFE - SAID JAMEEL



MONTHLY HIGHLIGHTS FEBRUARY 2026

COUNTRY SNAPSHOT

Action for Humanity Pakistan continued delivering integrated support across health, water, food assistance, and livelihoods in Sindh and South Punjab. Eye screenings and treatment services strengthened access to essential healthcare, while new and rehabilitated water systems improved access to safe drinking water in underserved

communities. While Ramadan is underway, food packs and daily iftar meals are being provided to families facing economic hardship, particularly in flood-affected districts. Despite rising prices and extreme heat during fasting hours, operations remained on track. In the coming month, Ramadan activities will continue alongside Eid gift distribution, while endeavouring to develop new inclusive pilot initiatives for children with Down Syndrome.



IMPACT AT A GLANCE



34,856
INDIVIDUALS
REACHED



3,210
HOUSEHOLDS
SUPPORTED



23,900+
PROVIDED WITH
CLEAN WATER
ACCESS

PROGRAMME SPOTLIGHT

- + 514 children across three government schools participated in the eye screenings in Sindh
- + 327 eye-related health cases addressed at the Paediatric Eye Diagnostic Centre
- + 13 water systems, 3 solar water wells, and 1 water filtration plant installed and rehabilitated to provide clean water to 23,985 individuals
- + 355 food packs and 1,945 Iftar hot meals distributed to 4,430 individuals
- + 5,600 individuals received training in climate-smart practices at the Farmer Field Schools



STORY OF THE MONTH

Rajab Shah, a person with disability, lost his small general store, his only source of income for the family, when floods swept through his village. “During the floods, my livelihood was devastated. My shop was washed away,” he shared. After months of struggle, he managed to restart in a rented corner of a tailor’s shop, but the added rent and his limited mobility have made daily life difficult.

With inflation rising sharply during Ramadan, even basic staples have become unaffordable. “Wheat flour and rice are sold at incredibly high prices. People like us cannot manage,” he said. Through AFHPK’s Ramadan campaign, Rajab received a food pack containing essential items to sustain his family during the holy month.

THIS PACK WILL HELP US GET THROUGH RAMADAN. WE ARE GRATEFUL AND CAN SHARE IN THE JOY OF THIS MONTH WITH DIGNITY - SAID RAJAB



MONTHLY HIGHLIGHTS FEBRUARY 2026

COUNTRY SNAPSHOT

In February 2026, Action For Humanity Jordan delivered targeted support to vulnerable communities, prioritising stranded Gazan families, Syrian refugees, Sudanese refugees, and low-income Jordanian households. Ramadan preparations began with phased Zakat cash distributions and food parcel assistance, reaching families facing rising living costs and limited income opportunities. Livelihood efforts also continued

under the vocational and skills-based training programmes, including the review of trainee business proposals and the development of peer networking support for participants beyond the initial business grant. Despite transportation challenges and growing economic pressures on families, assistance was delivered as planned. Ramadan activities will continue through food and cash distributions, community Iftars, and support for orphans.



IMPACT AT A GLANCE



594
INDIVIDUALS
REACHED



150
HOUSEHOLDS
SUPPORTED



347
WOMEN
SUPPORTED

PROGRAMME SPOTLIGHT

- + 81 stranded Gaza families and 40 Sudanese families received Zakat cash assistance
- + 120 food parcels delivered to vulnerable Syrian refugees and low-income Jordanian households
- + Continued supporting vocational trainees under the LIFE livelihoods project by reviewing business ideas and preparing post-training support for participants not selected for grants



STORY OF THE MONTH

Mohammed is one of many Gaza fathers currently stranded in Jordan. He arrived with his wife and six children seeking medical treatment after they were exposed to white phosphorus gas during the 2023 war.

Today, the family lives in rented accommodation and continues to face serious challenges. Ongoing health complications affect several members of the household, while financial hardship makes it difficult to cover rent, medical expenses, and basic living costs. Access to consistent education for the children remains uncertain, adding another layer of anxiety to an already fragile situation.

Like many Gazan families who arrived urgently for treatment or safety, Mohammed carries not only financial burdens but the invisible wounds of war, displacement, and uncertainty about the future.

When asked about his hopes, he paused before saying,

I AM NOT LOOKING FOR ANYTHING FOR MYSELF... ALL I WANT IS FOR MY CHILDREN TO SLEEP FEELING SAFE, TO GO TO SCHOOL WITHOUT FEAR, AND NOT TO LIVE THROUGH WHAT WE HAVE LIVED. IF I HAVE ONE DREAM TODAY, IT IS TO SEE THEM GROW UP IN PEACE.

His words reflect the reality of many stranded families in Jordan—families who are not asking for luxury, but for dignity, safety, and the opportunity for their children to build a future beyond conflict.

This month, the support of Action For Humanity aimed to ease part of that burden, providing humanitarian assistance that helps families like Mohammed's move one step closer to stability, recovery, and hope.



MONTHLY HIGHLIGHTS FEBRUARY 2026

COUNTRY SNAPSHOT

The devastating conflict in Sudan continues to disrupt food systems, livelihoods, and access to basic services, leaving millions at risk of severe food insecurity and malnutrition. With healthcare services overstretched and sanitation conditions deteriorating, vulnerable families, particularly children, face a dangerous combination of hunger and disease.

In response, Action For Humanity, in partnership with the Sudanese Development Call Organisation (NIDAA), supported hospital and communal kitchens to ensure vulnerable children and households have

consistent access to nutritious meals. In February, 2 hospital kitchens were supported to provide meals for 720 vulnerable children, while 5 communal kitchens delivered daily meals to approximately 8,400 individuals from at-risk households.

Despite the volatile security situation and rising commodity prices, the team continued operations through close coordination to minimise disruption. In the coming period, food assistance will continue to prioritise the most vulnerable households, helping to mitigate worsening food insecurity and reduce the risk of further deterioration in health and nutrition outcomes.



IMPACT AT A GLANCE



9,120
INDIVIDUALS
REACHED



1,824
HOUSEHOLDS
SUPPORTED



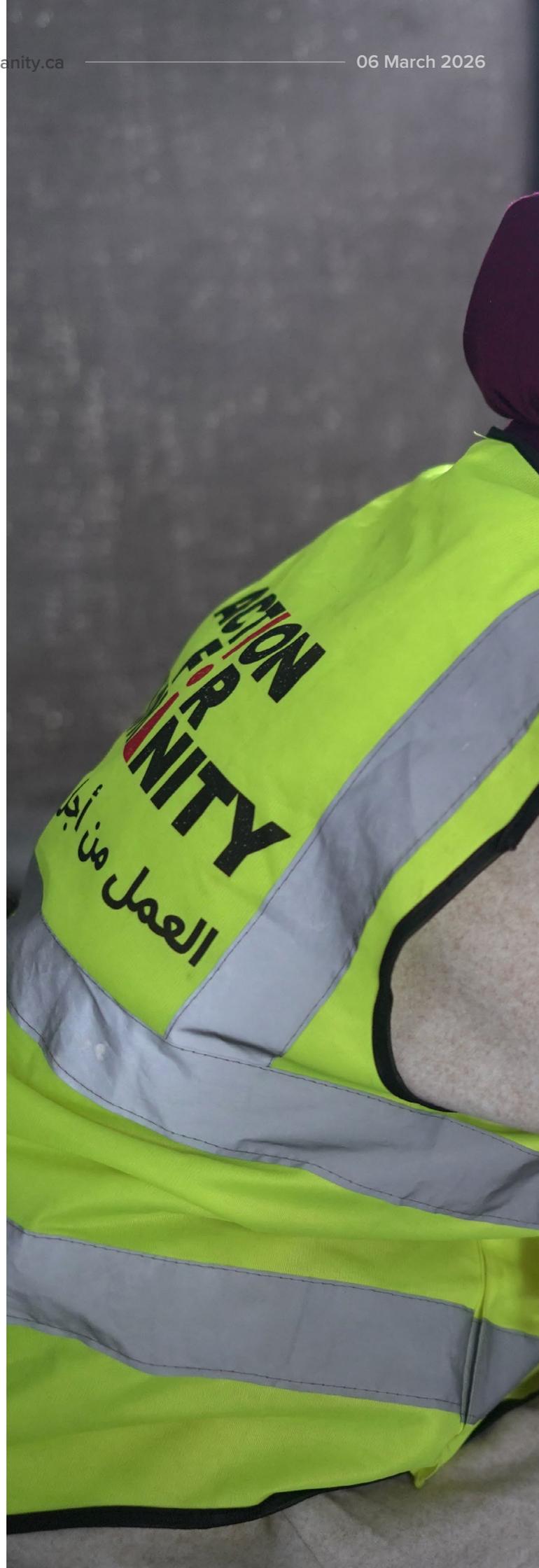
1,450
ELDERLY
SUPPORTED

UPCOMING

As we move further into Ramadan, our focus remains on ensuring families facing crisis can access food, essential services, and protection with dignity and care. Ramadan activities will continue across all operational countries in response to the uplifting needs of the most vulnerable communities.

In our March update, we will provide a comprehensive overview of our Ramadan response and deeper insight into its impact across communities, highlighting how your support is helping families navigate hardship during this sacred month.

None of this would be possible without the dedication of our teams and the continued commitment of our supporters. We invite you to continue standing with us by supporting our upcoming response and work. Thank you for being part of this work.





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